

## Sheva Brachot

During the week following a wedding, a series of seven blessings (Sheva Brachot) is recited at any festive meal for the bride and groom that is attended by a minyan.

Following the completion of the meal, a cup of wine is used to lead the Grace After Meals. After the Grace After Meals, a second cup of wine is filled and people are honored with reciting each of the first six blessings. Then, the person who led Grace After Meals recites the seventh blessing over the first cup of wine, and drinks some.

Finally, the wine from the two cups is mixed together, and given to both the bride and groom – and anyone else wishing to partake of this "cup of blessing."

### First Blessing

בָּרוּךְ אַתָּה יְהוָה	Båruch Atå Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olåm,
שֶׁהַכֹּל בָּרָא לְכְבוֹדּוֹ.	Sheh'hakol bårå lich'vodo.

Blessed are You, Lord our God, King of the universe,  
Who has created everything for His glory.

### Second Blessing

בָּרוּךְ אַתָּה יְהוָה	Båruch Atå Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olåm,
יוֹצֵר הָאָדָם.	Yo'tzayr hå'ådåm.

Blessed are You, Lord our God, King of the universe,  
Who fashioned the Man.

### Third Blessing

בְּרוּךְ אַתָּה יְהוָה  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר יָצַר אֶת הָאָדָם בְּצַלְמוֹ,  
בְּצַלְמֵ דְמוּת תְּבַנִּיתוּ,  
וְהִתְקִין לוֹ מִמֶּנּוּ בִּנְיָן עָדִי עַד.  
בְּרוּךְ אַתָּה יְהוָה, יוֹצֵר הָאָדָם.

Båruch Atå Adonoy  
Eloheinu Melech hå'olåm,  
asher yåtzar et hå'ådåm b'tzalmo,  
b'tzelem d'muṭ tavnitō,  
v'hitkin lo mimenu binyan aday ad.  
Båruch atå Adonoy, yo'tzayr hå'ådåm.

Blessed are You, Lord our God, King of the universe, Who fashioned the Man in His image, in the image of his likeness and prepared for him – for himself – a building for eternity. Blessed are You, Lord, Who fashioned the Man.

### Fourth Blessing

שׁוֹשׁ תְּשִׁישׁ וְתִגַּל הָעֵקָרָה,  
בְּקִבוּץ בְּנֵיהָ לְתוֹכָהּ בְּשִׂמְחָה.  
בְּרוּךְ אַתָּה יְהוָה,  
מִשְׂמַח צִיּוֹן בְּבָנֶיהָ.

Sos tåsis v'tågail hå'akårå,  
b'kibutz bã'neh'hå l'tochå b'simchå.  
Båruch Atå Adonoy,  
m'samay'ach Tzion b'vånehå.

Bring intense joy and exultation to the barren one through the ingathering of her children amidst her in gladness.  
Blessed are You, Lord, Who gladdens Zion through her children.

### Fifth Blessing

שִׂמַח תְּשַׂמַּח רְעִים הָאֲהוּבִים,  
בְּשִׂמְחָתְךָ יִצְרִיךָ בְּגַן עֵדֶן מִקְדָּם.  
בְּרוּךְ אַתָּה יְהוָה  
מִשְׂמַח חַתָּן וְכַלָּה.

Samay'ach t'samach ray'im hå'ahuvim,  
k'samay'chachå y'tziri'chå b'Gan Eiden mikedem  
Båruch Atå Adonoy,  
m'samay'ach chåtån v'chalå.

Gladden the beloved companions as You gladdened Your creature in the Garden of Eden from aforeside.  
Blessed are You, Lord, Who gladdens groom and bride.

## Sixth Blessing

בָּרוּךְ אַתָּה יְהוָה	Bâruch Atâ Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olâm,
אֲשֶׁר בָּרָא שְׂשׂוֹן וְשִׂמְחָה,	asher bârâ sâsson v'simchâ,
חַתָּן וְכַלָּה,	châsân v'chalâ,
גִּילָה, רֵנָה, דִּיצָה וְחֶדְוָה,	geelâ, reenâ, deetzâ v'chedvâ,
אֲהָבָה וְאַחֻוּהַ, וְשָׁלוֹם וְרַעוּת.	ahavâ v'achavâ, v'shâlom v'ray'ut.
מִהָרָה יְהוָה אֱלֹהֵינוּ	M'hayrâ Adonoy Eloheinu
יִשְׁמַע בְּעָרֵי יְהוּדָה וּבְחֻצוֹת יְרוּשָׁלַיִם	yishâma b'âray Yihudâ uv'chutzot Yerushâlâyim
קוֹל שְׂשׂוֹן וְקוֹל שִׂמְחָה,	kol sâsson v'kol simchâ,
קוֹל חַתָּן וְקוֹל כַּלָּה,	kol châtân v'kol kallâ,
קוֹל מִצְּהָלוֹת חַתָּנִים מִחַפְּתָם,	kol mitz'halot chasânim may'chupâ'sâm,
וּנְעָרִים מִמִּשְׁתֵּי נְגִינָתָם.	un'ârim mi'mishtay n'ginâtâm.
בָּרוּךְ אַתָּה יְהוָה	Bâruch Atâ Adonoy,
מִשְׂמַח חַתָּן עִם הַכַּלָּה.	m'samay'ach chatân im hakallâ.

Blessed are You, Lord our God, King of the universe, Who created joy and gladness, groom and bride, mirth, glad song, pleasure, delight, love, brotherhood, peace, and companionship. Lord our God, let there soon be heard in the cities of Judah and the streets of Jerusalem the sound of joy and the sound of gladness, the voice of the groom and the voice of the bride, the sound of the grooms' jubilation from their canopies and of the youths from their song-filled feasts. Blessed are You, Lord, Who gladdens the groom with the bride.

## Seventh Blessing

בָּרוּךְ אַתָּה יְהוָה	Bâruch Atâ Adonoy
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,	Eloheinu Melech hå'olâm,
בוֹרֵא פְרֵי הַגֶּפֶן.	boray p'ri ha'gâffen.

Blessed are You, Lord our God, King of the universe,  
Who creates the fruit of the vine.